



**2022 RISING STARS PLUS +**

**Information**

## INTRODUCTION

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The Rising Stars Plus Program is a program for emerging high performance athletes that will focus on key concepts and skills applicable to the “Train to Train” athlete development stage and will serve as an important precursor to the DC Prospects, U-16 Program of Excellence and U-16 Team Manitoba. The Rising Stars Plus program operates annually over the course of two separate weekend events. The first of these events are the Rising Stars Plus Regional Development Tournaments which take place in two locations (East and West) on the first weekend of spring break. The second event is the Rising Stars Plus tournament which takes place on the first weekend of May at the Bell MTS Iceplex. The breakdown of these tournament weekends is as follows:

### **Rising Stars Plus Regional Development Tournaments: March 25-27**

- Friday AM – Skill development session
- Friday PM – Skill development Session
- Saturday AM – Skill development Session
- Saturday PM – Regional exhibition game
- Sunday - Regional exhibition game
- East                      West
- 2022:    Pembina Valley\*      Yellowhead

Location TBD

### **Rising Stars Plus Tournament: April 29,30, May 1**

- Thursday pm – Skill development session
- Friday AM – Skill development session
- Friday PM – Skill development Session
- Saturday AM – Mixed region game
- Saturday PM – Mixed region game
- Sunday - Mixed region game
- Winnipeg IcePlex

The goal of the Rising Stars Plus program is to provide U13 athletes with the opportunity to participate in skill sessions and competitive games that will prepare them to enter into U15 AAA hockey. Skill sessions at both tournament weekends will be run by Hockey Manitoba/Hockey Canada skill instructors in addition to coaching staffs identified by the region.

## **SCHEDULING AND FEES**

1. As part of this provincial development program, all fees are determined and paid to Hockey Manitoba.
2. All selected players will register and pay online through the Hockey Manitoba registration system.
3. Expected fee per athletes for the Rising Stars Plus program is approximately \$300/athlete.
4. Regions are not permitted to charge any additional amount to their athletes as a part of the Rising Stars Plus program. Any additional regional programming beyond the Regional Development Tournaments and the Rising Stars Plus Tournament is not to be associated with the DC Prospects program.

## **PLAYER ELIGIBILITY**

1. All male players, classified major age U13 during the current season are eligible to tryout
2. Players must tryout in their home Region or primary residence. Players may move between regions if they reside near the boundary pending the agreement of the two respective Region Directors.
3. In the event that a region is lacking in adequate numbers they are permitted to bring in athletes from neighboring regions pending the approved release of that athlete by their home region.

### **2.4 ROSTER SIZE AND AFFILIATES**

1. Rosters must include a minimum of 20 players (12 forwards, 6 defense and 2 goalies).
2. All Regions are encouraged to identify 3-6 alternate athletes that can be brought in if an injury or conflict occurs for a selected athlete from their region.
3. Alternate players will only be permitted to participate in programming if they are taking the place of a previously selected athlete.
4. In the event that an alternate player is added to the roster and participate in both the March and May tournaments they will be required to pay the full Rising Stars Plus fee. If they are added to the roster following the March tournament and only participate in the May tournament they will only be required to pay half of the registration fee.

## **COACH & PLAYER DEVELOPMENT**

1. Skill sessions at the Rising Stars Plus Regional Development Tournament and Rising Stars Plus Tournament will be run by Hockey Manitoba and Hockey Canada skills coaches.
2. All of these on-ice sessions are designed to cover key skills and concepts needed at the U15 level leading into the U-16 Program of Excellence and junior draft year (MJHL, WHL) while building a strong foundation for Midget, Junior, and beyond.