

# **2022 FEMALE U13 PROSPECTS**

Information

# PROSPECTS

#### 1.0 INTRODUCTION

The Female Prospects Program is a program for emerging high performance athletes that will focus on key concepts and skills applicable to the "Train to Train" athlete development stage and will serve as an important precursor to the Female U16 Program of Excellence, U18 Program of Excellence and U18 Team Manitoba. The Female Prospects program operates annually over the course of two separate weekend events. The first of these events are the Female Prospects Regional Development Tournaments which take place in two locations (East and West) on the first weekend of spring break. The second event is the Female Prospects tournament which takes place on the third weekend of April at the Stride Place in Portage la Prairie. The breakdown of these tournament weekends is as follows:

# **Female Prospects Regional Development Tournaments:**

- Friday AM Skill development session
- Friday PM Skill development Session
- Saturday AM Skill development Session
- Saturday PM Regional exhibition game
- Sunday Regional exhibition game

#### **Female Prospects Tournament:**

- Thursday pm Skill development session
- Friday AM Skill development session
- Friday PM Skill development Session
- Saturday AM Mixed region game
- Saturday PM Mixed region game
- Sunday Mixed region game

The goal of the Female Prospects program is to provide female U13 athletes with the opportunity to participate in skill sessions and competitive games that will prepare them to enter into U15 AAA hockey. Skill sessions at both tournament weekends will be run by Hockey Manitoba/Hockey Canada skill instructors in addition to coaching staffs identified by the region.

# 2.0 PROGRAM INFORMATION/REGIONAL RESPONSIBILITIES

#### 2.1 FEMALE PROSPECTS REGIONAL DEVELOPMENT TOURNAMENTS

- 1. All rural regions, players and coaches, participate in the Female Prospects Development Weekend held March 25-27, 2022.
- 2. Winnipeg athletes will participate in a separate female development program hosted by Hockey Winnipeg and will not participate in the Female Prospects Regional Development Tournaments
- 3. Two geographical sites, east & west, are hosted simultaneously for the Female Prospects Regional Development Tournaments.
- Female Prospects Regional Development Tournament Locations; (ARENA TBD)

<u>East</u> <u>West</u>

2022: Interlake\* Westman South

- 5. Host regions/teams to set up a basic organizing committee consisting of team staff and other support volunteers.
- 6. Host region is responsible for blocking ample hotel rooms along with booking of game officials.
- 7. Detailed hosting guidelines found in Female Prospects Development Weekend Hosting Guide, see appendix.

#### 2.2 FEMALE PROSPECTS TOURNAMENT

- 1. All regions, players and coaches, participate in the Female Prospects Tournament Weekend held April 15 April 17, 2022 in Portage la Prairie.
- 2. Athletes will be placed onto mixed region rosters for the duration of the Female Prospects Tournament Weekend.

#### 2.3 SCHEDULING AND FEES

- 1. As part of this provincial development program, all fees are determined and paid to Hockey Manitoba.
- 2. All selected players will register and pay online through the Hockey Manitoba registration system.
- 3. Expected fee per athletes for the Female Prospects program is approximately \$300/athlete.
- 4. Regions are not permitted to charge any additional amount to their athletes as a part of the Female Prospects program. Any additional regional programming beyond the Regional Development Tournaments and the Female Prospects Tournament is not to be associated with the Female Prospects program.

<sup>\*</sup>Indicates site that will host five teams including Norman

#### 2.2 ROSTER SIZE AND AFFILIATES

- 1. Rosters must include a minimum of 17 players (19 forwards, 6 defense and 2 goalies).
- 2. All Regions are encouraged to identify 3-6 alternate athletes that can be brough in if an injury or conflict occurs for a selected athlete from their region.
- 3. Alternate players will only be permitted to participate in programming if they are taking the place of a previously selected athlete.
- 4. In the event that an alternate player is added to the roster and participate in both the March and April tournaments they will be required to pay the full Female Prospects fee. If they are added to the roster following the March tournament and only participate in the April tournament they will only be required to pay half of the registration fee.

# 3.0 TOURNAMENT INFORMATION/HOCKEY MB RESPONSBILITIES

# 3.1 FACILITIES

- 1. All ice time and facility bookings for the Female Prospects Regional Development Tournaments will be done by the hosting region with the assistance of Hockey Manitoba.
- 2. Hockey Manitoba will secure all ice and facility bookings for the Female Prospects Tournament at Stride Place in April.

#### 3.2 UNIFORMS AND COACH APPAREL

- 3. Hockey Manitoba will provide all regions with branded Female Prospects exhibition jerseys for the Female Prospects Regional Development Tournaments in March.
- 4. All players will receive a custom CCM Female Prospects jersey at the Female Prospects Tournament in April.
- 5. All coaches will receive a Hockey Manitoba track jacket to be worn during all Female Prospects sessions and tournament games.

# 3.3 REGISTRATION & PLAYER APPAREL

1. Once the region submits the program roster, parents/players will be provided a web link for the central registration portal hosted by Hockey Manitoba.

- 2. The portal will include online registration form and online payment link (credit card only). If credit card payment cannot be made then arrangements to provide payment through an alternative method (Cash or Cashiers Cheque) must be made with Hockey Manitoba prior to the registration deadline. Personal cheques will NOT be accepted.
- 3. Standardized program fees will cover program items such as: ice time, facilities, practice jerseys, game jerseys, socks, honorariums for team staff, coach apparel, coach development resources, player development resources, exhibition ice, tournament entry.
- 4. This is a provincial development program therefore the same base registration fee will be used across the province with the exception of Winnipeg.
- 5. In the event that branded program apparel is made available for purchase a link to an online order form will be sent out to all registered athletes at minimum one month prior to the Female Prospects Tournament in May. Once the window for apparel purchasing has closed there will be no supplementary orders.

#### 3.4 COACH & PLAYER DEVELOPMENT

- 1. Skill sessions at the Female Prospects Regional Development Tournament and Female Prospects Plus Tournament will be run by Hockey Manitoba and Hockey Canada skills coaches.
- 2. All of these on-ice sessions are designed to cover key skills and concepts needed at the U15 level leading into the Female U16 and U18 Program of Excellence as well as USport and NCAA female hockey.

#### 3.5 TOURNAMENT INFORMATION

- 1. All players and coaches should be prepared to have their first game be as early as 3:00pm on the Friday of the Female Prospects Regional Development Tournament in March and by noon on the Friday of Female Prospects in April.
- 2. Tournament schedule and rosters will be distributed by Hockey Manitoba at least 2-weeks prior to the tournament dates.

# **Pre-Game Routine:**

#### All Games

- Arrival 1 hour prior to scheduled game time
- Arrive earlier if needing to work on equipment, sticks, etc (but note that dressing room availability will vary)
- Team Meeting held at arrival (1.25 hour before game time/during 1st intermission of previous game), dressing room
- Change into workout gear
- Off-ice Warm-up held **40 minutes** before scheduled game time
- Dress for ice
- Ready for ice 10 minutes before game time (helmets/gloves off), coaches lead game keys, lineups, etc

Off-ice warm-up; teams cannot use the main concourse, second floor concourse, or stairs for off-ice warm-up at MTS Iceplex. Teams must limit their off-ice warm-up to the dressing room hallways or outside.

# **Goalies:**

Goalies will spilt each game half time; goalie change will occur at a whistle at 8:30 of the 2<sup>nd</sup> period or closest whistle afterwards. Time keepers must circle the starting goaltender on the game sheet for stats identification and note time of change.